

Cell Death and Control of Cell Survival

In the Oligodendrocyte Lineage
and Other Glial Cells

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Summary

tissues, but the causes of these normal cell deaths are mostly unknown. We show that about 50% of oligodendrocytes normally die in the developing rat optic nerve

eral and central nervous systems and is thought to serve at least two functions: to ensure an appropriate numerical match between synaptically connected cells, and to eliminate inappropriate neuronal projections (Cowan et al.

Some glial cells also die during the development of the vertebrate central nervous system (CNS) (Smart and Leblond, 1961; Pannese and Ferrannini, 1967; Hildebrand, 1971; Sturrock, 1979; Kerr, 1980; Knapp et al. 1988; Jackson and Duncan, 1990), but the type of glial cells that die and the mechanisms responsible for their death are unclear, although some have been identified as oligodendrocytes (Mori and Leblond, 1979; Hildebrand,

trophic factors, little effort has been made to define factors that might be required for glial cell survival. A standard approach to define neural neurotrophic factors has been to

normal oligodendrocyte death by up to 90% and double the number of oligodendrocytes in the adult optic nerve.

results suggest that a requirement for survival signals is present in the previously thought nonproliferative

the developing rat optic nerve.

teractions that control the proliferation and differentiation of oligodendrocytes and O-2A progenitor cells which

Cell death occurs in most animal tissues at some stage of their development (Glucksmann, 1951). These normal programmed cell deaths are thought to involve the active

derived growth factor (PDGF) A chain and thus are a likely source of the A chain cleavage form of PDGF (Richardson et al., 1989; Pringle et al., 1990). PDGF-AA binds to PDGF

1980; Ellis et al., 1991), but the mechanisms of death are unknown. Despite the prevalence of normal cell death, there has been remarkably little work on the control of cell survival, especially when compared with the enormous

Pringle et al., 1992) and thereby stimulates these cells to proliferate (Noble et al., 1988; Richardson et al., 1988). O-2A progenitor cells, however, cannot divide indefinitely in response to PDGF; they have an intrinsic mechanism

that causes them to stop dividing and differentiate into

penheim, 1991). In the case of sympathetic and some sensory neurons, it is thought that death occurs because the developing cells compete for limiting amounts of nerve

dendrocyte development in vitro occurs constitutively, type-2 astrocyte development in vitro depends on cell-cell interactions (Willmer and Raff, 1990).

factors is believed to occur widely in the developing peripheral

dendrocytes, while PDGF acts as a survival factor for O-2A

Table 1. Survival of Purified O-2A Lineage Cells in Culture

Factors Added	O-2A Progenitor Cells			Oligodendrocytes		
	18 hr	42 hr	66 hr	18 hr	42 hr	66 hr
None	31 ± 11	5 ± 4	2 ± 2	34 ± 4	18 ± 7	4 ± 4
ONCM (1:1)	85 ± 12	70 ± 8	55 ± 5	90 ± 12	74 ± 9	55 ± 6
Insulin (5 µg/ml)	100	78 ± 8	65 ± 13	100	79 ± 12	55 ± 17
IGF-1 (100 ng/ml)	101 ± 8	81 ± 10	70 ± 12	98 ± 4	79 ± 7	58 ± 9
IGF-2 (100 ng/ml)	92 ± 5	70 ± 11	56 ± 12			
PDGF (10 ng/ml)	95 ± 12	82 ± 12	70 ± 8	42 ± 12	27 ± 8	9 ± 6
EGF (10 ng/ml)	37 ± 10	21 ± 12	5 ± 3	32 ± 10	20 ± 8	11 ± 2
EGF (10 ng/ml)	33 ± 9	10 ± 3	4 ± 2	32 ± 8	16 ± 3	2 ± 2
Cycloheximide (0.1 µg/ml)	77 ± 14	5 ± 1	1 ± 1	67 ± 13	14 ± 5	3 ± 1

Approximately 1000 purified cells were plated in 10 µl of B-S medium without insulin in Terasaki microplates; about 200 cells adhered to the bottom of the well. After 30 min, 1 µl of DMEM, or DMEM containing the appropriate factor, was added. The number of live cells on the bottom of the microwell was counted in an inverted phase contrast microscope at the time indicated. The mean number of cells in each microwell

means ± S. D. of at least three separate experiments.

Lastly, we show that about 50% of newly formed oligodendrocytes in the developing rat optic nerve normally die

(O-2A Progenitor Cells) IGF-1, IGF-2, PDGF, or a concentration of insulin (5 µg/ml) high enough to activate IGF-1

of PDGF and IGFs. To our knowledge, this is the first direct

at each of the three time points tested. Basic fibroblast

from other cells to survive in culture and that oligodendro-

cytes growth factor (EGF) had none. Remarkably, nearly

O-2A progenitor cells were purified from a suspension of immunopanning to greater than 99.95% purity, as assessed by immunostaining (see Experimental Proce-

The effects of IGFs, PDGF, and insulin on cell number

cell proliferation. As shown in Table 2, these factors both increased the number of surviving cells and proportionally

gate (B-S) medium containing bovine serum albumin (BSA) minimum putrefying thyroxine triiodothyronine

statistically different from the numbers in medium alone. Although PDGF did induce bromodeoxyuridine (BrdU) in

the cells on the bottom of the well was measured after about

(see below), little proliferation was observed in the micro-

phase-contrast microscope. It was found that few cells

To ensure that our assessment of cell viability and death

shown). The addition of serum-free and insulin-free B-S conditions that had been conditioned for O-2A lineage cells were compared by immunopanning (optic nerve condi-

was close agreement between the two assays of cell viability for all of the conditions tested and each of the three time

surviving cells at each time point (Table 1). O-2A Progenitor nerve secrete factors in culture that promote the survival of O-2A progenitor cells.

The morphology of the cells that died by 18 hr in the absence died by programmed cell death rather than by necrosis (Wyllie et al., 1980). Both by phase-contrast microscopy

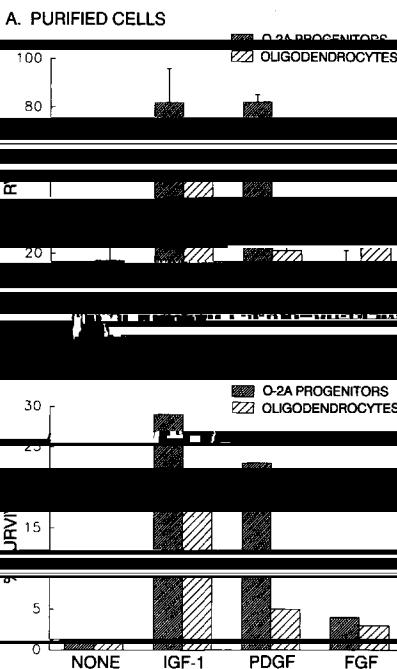


Figure 1. Survival of Purified and Single O-2A Lineage Cells and Oligodendrocytes in Microculture.

Oligodendrocytes were isolated from E18 rat forebrain as described previously (Hart et al., 1989a).

other hand, in three separate experiments, DNA extracted from purified O-2A progenitor cells that were cultured in the absence of survival factors for 13–38 hr showed no evidence of DNA degradation into oligonucleosome-size

fragments (data not shown). In contrast, DNA fragmentation was detected, however, in cultures containing the same number of cells that were deprived of interleukin-2 for 20 hr (data not shown).

Oligodendrocytes were isolated from E18 rat forebrain in the same way as described above for O-2A progenitor cells. When the same culture conditions used for O-2A progenitors were maintained, oligodendrocytes died within 18 hr when cultured in insulin-free

medium at the same density as O-2A progenitors. Under these

conditions, whereas ONCM, IGF-1, and cycloheximide greatly enhanced cell survival, whereas bFGF had only a weak effect, and EGF had little effect (Table 1, Oligodendrocytes; see Figure 1A). In contrast with O-2A progenitor cells, however, PDGF had relatively little effect on oligodendrocyte survival (Table 1, Oligodendrocytes; see Figure 1A). These differences may be similar to those observed between newly formed A2B5+ oligodendrocytes

whether or not recently formed A2B5+ oligodendrocytes

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0

Growth

separate experiments, values from four wells were averaged in each experiment.

was similar to that of O-2A progenitor cells under the same conditions, and we could not find evidence for DNA degra-

were cultured in microwells containing 10 μ l of insulin-free B-S medium in the presence or absence of growth factors. Survival was as-

four experiments (data not shown).

progenitor cells or oligodendrocytes by the number of total wells con-

To determine whether newly formed oligodendrocytes, which still express PDGF receptors (Hart et al., 1989a)

pooled and represent observations on 50 to 200 cells studied in each condition. Very similar results were obtained when single cells were

cells were cultured in the presence of various concentrations of growth factors.

IGF-1 in DMEM, the survival was 35%.

to induce rapid differentiation into oligodendrocytes (Hall et al., 1982b). The cells were then removed from the cul-

ture dish and tested for survival less than 1% of those

tron microscopy, the chromatin was usually seen to be compacted and segregated into sharply defined masses (Figures 3B, 3C, and 3D), although margination of chroma-

longer progenitor cells. As was the case for O-2A progenitors, PDGF had a significant survival effect on these cells, even though it no longer induced them to synthesize DNA.

When purified progenitor cells cultured in the absence

of growth factors, IGF-1, bFGF, EGF, and PDGF, the survival was

intermediate activity, the cells rounded up and shrank

(data not shown).

died by programmed cell death, cycloheximide increased cell survival in the absence of survival factors, although

Survival of Single O-2A Lineage Cells in Microculture

Table 2. Various Measures of Cell Survival in Cultures of Purified O-2A Progenitor Cells in B-S Medium

Factors Added	Number of Cells After 18 hr		Number of Cells After 66 hr	
	Live Cells by Phase Contrast	Dead Cells by Phase Contrast	Live Cells by Phase Contrast	Live Cells by MTT Assay
None	90 ± 18	145 ± 25	6 ± 2	6 ± 3
Insulin (5 µg/ml)	199 ± 40	44 ± 7	133 ± 4	137 ± 7

Purified O-2A progenitor cells were cultured in microwells as described in Table 4. After 18 hr, the total number of live and dead cells was determined by phase-contrast optics. After 66 hr, the number of live cells was determined by phase-contrast optics and by the MTT assay. The results are expressed as the mean ± SD.

factor acts directly is to study its effects on single cells in

isolated cell suspensions exposed to tritiated thymidine.

Ram, 1985). None of the single O-2A progenitor cells or oligodendrocytes survived for 1 day without insulin, and

dendrocytes (see Figure 1B).

In single-cell experiments, only 7%–25% of the surviving O-2A progenitors had divided once by 1 day (as expected, since 20% of the O-2A progenitor cells were in S phase at the time of isolation); no cells divided more than once in any of the conditions tested, even after 4 days of culture (data not shown). This result further illustrates that O-2A progenitor cells at low density do not divide much in the presence of PDGF, although they do incorporate BrdU (Li et al., 1992b).

Influence of IGF-1 on Purified O-2A Progenitor Cell Proliferation and Differentiation into Oligodendrocytes

To study the influence of IGF-1 (or high insulin) on O-2A progenitor cell proliferation and differentiation into oligo-

medium on glass coverings in the presence or absence of

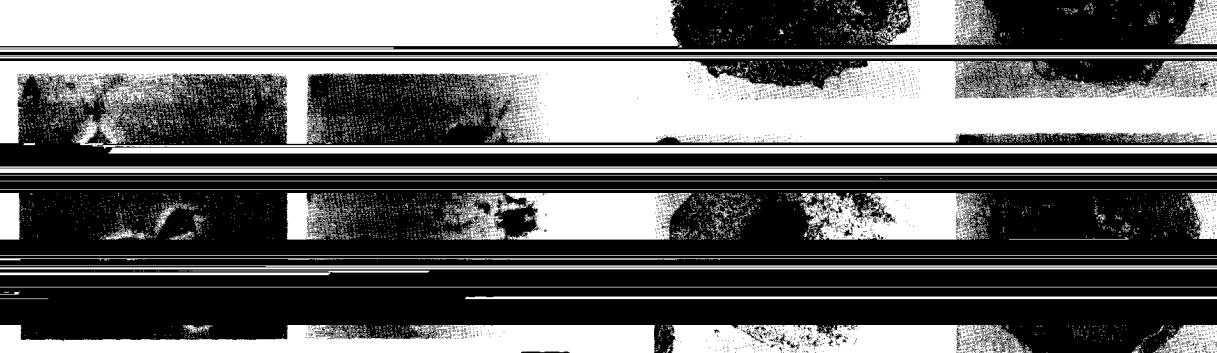
insulin, we measured the uptake of BrdU into DNA as a

measure of oligodendrocyte differentiation. As shown in Table 2, PDGF but not IGF-1 or high insulin-induced DNA

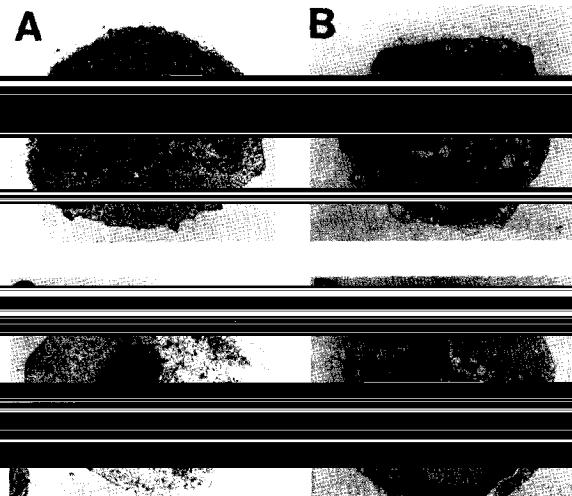
of PDGF.

Cell Death in the Developing Optic Nerve

To determine whether O-2A lineage cells normally die during development, we analyzed optic nerves that had been perfusion fixed, frozen, cut longitudinally into 9-µm sections, and labeled with propidium iodide to stain nuclear DNA. Dead (pyknotic) cells were identified with phase-contrast optics by their shrunken, phase-dark appearance (Figure 4A) and with fluorescence optics by their con-

**Figure 2. Assays of Survival**

Survival of the purified O-2A progenitor cells cultured in microwells was assessed either by phase-contrast microscopy (A) or by the MTT assay (B). In each figure, two typical dead cells and three live cells are

**Figure 3. Ultrastructure of Dead Cells**

Purified O-2A progenitor cells were cultured for 15 hr in B-S medium with (A) or without (B, C, and D) insulin (5 µg/ml) and were then pro-

Table 3. Influence of Insulin and IGF on BrdU Incorporation and Oligodendrocyte Differentiation in Cultures

	None	PDGF (10 ng/ml)	Insulin (5 µg/ml)	IGF-1 (100 ng/ml)
	51 ± 7	52 ± 6	0	0
	16 ± 2	96 ± 1	97 ± 1	0

Approximately 40,000 purified O-2A progenitor cells were plated in 100

coverslips.

densed and often fragmented nucleus, which stained intensely with propidium iodide (Figure 4B). Such cells were observed in optic nerves at all ages examined.

The number of dead cells per nerve at the time of fixation

probably an underestimate since cells in the process of mitosis

copy. The proportion of dead cells at each age was calculated by dividing the number of dead cells by the total

cells was highest in developing optic nerves (Figure 5B); it peaked between P4 and P10 at about 0.25%, and de-

Intraperitoneal injections with the protein synthesis inhibitor cycloheximide, at concentrations previously demonstrated to decrease brain myelin production,

1972), diminished the number of dead cells per section by 91%: control 13.4 ± 0.65; test 1.27 ± 0.29 (mean

Identity of Dead Cells in the Optic Nerve

The optic nerve contains mainly oligodendrocytes and their precursors,

endothelial cells, and microglia. To determine the identity of the dead cells, optic nerve sections were double labeled with propidium iodide to detect the dead cells and with cell type-specific antibodies to detect the two major cell types,



Figure 4. Cell Death in the Developing Rat Optic Nerve

Perfusion-fixed and frozen postnatal optic nerves were sectioned longitudinally and labeled with propidium iodide to stain the nuclei of normal and dead cells. In some cases, the sections were also labeled with antibodies to identify the type of cells that had died.

(A) Typical appearance of a dead cell (arrow) in a P9 optic nerve, visualized with phase-contrast microscopy.

(B) Dead cell (arrow) in P9 optic nerve section stained with propidium iodide.

(C and F) Dead oligodendrocyte in an optic nerve section from a P5 rat that had received hybridoma cells secreting anti-GC antibodies. The section was stained with FITC-conjugated

anti-mouse Ig antibodies to detect the anti-GC antibodies and propidium iodide to label the nuclei of normal and dead cells.

dendrocytes are present just above the dead oligodendrocyte: the one on the right appears

morphology, however, were not included in the dead cell counts).

space of P2 rats. FITC-conjugated anti-mouse Ig was used to detect the primary antibody; only the O-2A progenitor cells in the optic nerve are apparently labeled.

Cells from P4 animals that had received hybridoma cells secreting the anti-GC antibodies were P7, and the normal O-2A progenitor cells are specifically labeled. Bar, (A and B) 12 µm; (D and E) 17 µm, (C and F) 6 µm.

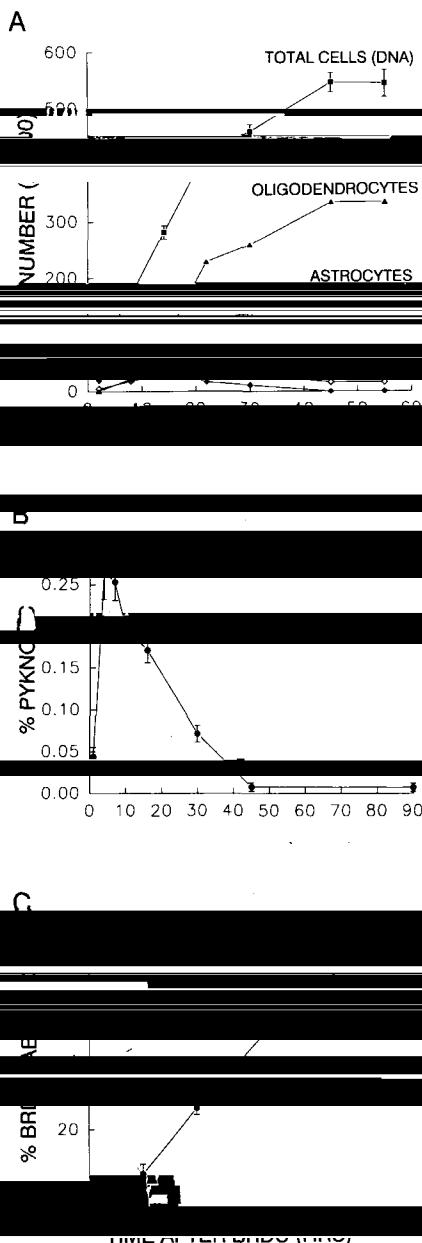


Figure 5. Quantitation of Cell Production and Death in the Developing Rat Optic Nerve

Small glioblasts are now thought to be O-2A progenitor cells (see Fulton et al., 1992), while large glioblasts are probably type-1 astrocyte precursors.

(B) The proportion of pyknotic nuclei in the optic nerve at different

ages was determined by multiplying the average number of sections per

injecting developing animals with BrdU and following the appearance

set and localization of oligodendrocyte differentiation. At P4, the distribution of RIP⁺ oligodendrocytes is graded along the length of the optic nerve, with most of the oligodendrocytes located in the chiasmatic third of the nerve (P. E. Johnson unpublished data). At P10, the distribution of

(Small et al., 1987). At this age, we observed a gradient of pyknotic cells that colocalized with the distribution of RIP⁺ cells: about 80% of the pyknotic cells were found in the

chiasmatic third of the nerve (P. E. Johnson unpublished data).

CHAI and the RIP⁺ antigen are intracellular proteins and therefore might be digested during the death process; the course of programmed cell death (Wyllie et al., 1980).

The monoclonal antibodies directed against cell type-specific surface antigens in the optic nerve

which specifically recognize type-1 astrocytes and their precursors, O-2A progenitor cells, and oligodendrocytes respectively (Bartlett et al., 1981; Hahn et al., 1978, 1983a, 1983b; Ranscht et al., 1982). Hitherto, these antibodies have not been generally useful for labeling tissue sections; RAN-2 is destroyed by fixation, A2B5 antibody is only specific for small cells, and O-2A is destroyed by

drying. To avoid these problems, hybridoma cells secreting these antibodies were injected into the subarachnoid space of P2-P8 rats (Schnell and Schwab, 1990). The cells seeded the meningeal surfaces and secreted antibodies into the cerebrospinal fluid from where the antibodies

can respectively (see Figures 4D and 4E). These antibodies

of the brain (data not shown).

Using this procedure, we found that at P5, 91% (202/221) of the dead cells were GC⁺-oligodendrocytes (see

either O-2A progenitor cells or just formed oligodendrocytes. Dead cells were not labeled with anti-RAN-2, anti-Thy-1-1, or anti-Thy-1-2 antibodies, or with fluorescein-conjugated anti-mouse Ig antibodies alone, suggesting

either endothelial cells or microglia, and that the anti-GC label

increase cell death, the numbers of dead cells per optic

were not increased by any of the antibodies, there was a 75% decrease with the anti-GC antibody, possibly because antibody-coated dead cells were phagocytosed

Determination of the Interval between S Phase and Cell Death in the Optic Nerve

mainly newly generated cells died (Figure 5). The interval between S phase of the cell cycle and cell death was deter-

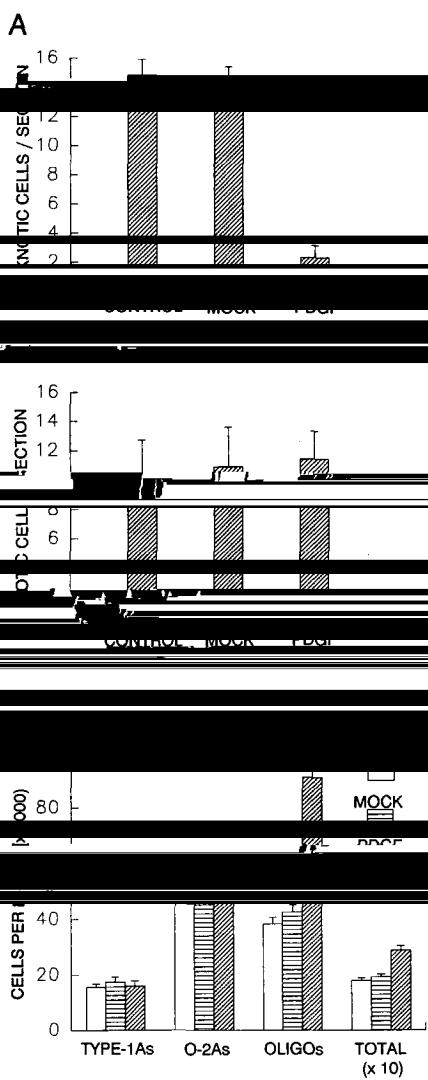


Figure 6. The Effect of Increasing the Concentration of PDGF in the Developing Optic Nerve

expression vector encoding the human PDGF-A chain, were injected into the subarachnoid space of a postnatal animal at P8, and the optic

beled (Figure 5C). The proportion reached a plateau value of about 75%, which corresponded closely with the proportion of O-2A progenitor cells that was labeled by the pulse

were born no longer than 2–3 days prior to their death.

Effect of Increased PDGF on Cell Death in the Optic Nerve

To test the possibility that oligodendrocytes die in vivo

plantation of COS cells, which were transiently transfected with a plasmid vector designed to express PDGF-A chain, into the subarachnoid space of P8 rats. The expressed PDGF also contained a Mu-5 antigen tag so that it could be

detected by immunocytochemistry (Pringle et al., 1985). Four days after the COS cell injection, the optic nerves were examined. When sections of the nerves were stained with the anti-Mu-5 antibody, the number of

increased by about 50% in animals that had received injections of COS cells expressing PDGF, but was unaffected

(Figure 6B), as was the proportion of O-2A progenitor cells that incorporated BrdU 90 min after a single intraperitoneal injection (about 20%, data not shown).

The total number of cells per nerve, determined by measuring the amount of DNA, was increased by 50% in the PDGF-treated animals compared with normal or control animals (Figure 6C). To determine which cell types contributed to this increase, optic nerves were dissociated and

number of GFAP⁺ type-1 astrocytes was not changed by PDGF delivery, the number of A2B5⁺ O-2A progenitor cells

(B) The number of mitotic figures per longitudinal section was determined, as described in (A).

(C) The total number of cells and the number of cells of each type per optic nerve was determined in control and test animals by measuring

chemically the percent of astrocytes, O-2A progenitor cells, and oligo-

to give the number of each cell type per nerve.

mined by following the appearance of labeled dead cells in P15 optic nerves after three intraperitoneal injections of BrdU were given over 16 hr (which labeled 75% of O-2A

which have PDGF α receptors (Pringle et al., 1992).

O-2A Lineage Cells Require Signals from

To determine whether a cell requires signals from other cells to survive, it is important to study single or highly purified cells. Even small numbers of contaminating cells can dramatically alter the behavior of purified cells; the presence of one contaminating antigen-presenting cell per

nuclei were BrdU-labeled immediately after the third injection, by 48 hr, most of the pyknotic nuclei were BrdU la-

belled. Although a variety of approaches have been used to purify

O-2A progenitor cells (Dobröst et al., 1988; Alcini et al., 1990; Bogler et al., 1990), including immunopanning (Stamkou and Beasley, 1987; Gard and Pfeiffer, 1989; Dutly and Schwab, 1991), in no case has the purity achieved been better than 90%. By combining positive and negative se-

lection we have obtained O-2A lineage cells of greater than

By using both single cell cultures and cultures of pure

to survive on their own. Conditioned medium from cultures of non-O-2A lineage cells from optic nerve (containing extant endothelial cells) allow the O-2A progenitor cells

survive in culture. O-2A lineage cells in the optic nerve

vitro.

either IGF-1 or PDGF is sufficient for short term

proteins; for more mature oligodendrocytes IGF-1 but not

change as O-2A progenitor cells differentiate into oligo-

genesis of O-2A progenitor cells is supported by PDGF and

been shown to promote differentiation of O-2A progenitor

for both oligodendrocytes and progenitor cells in the presence of high insulin (Eccleston and Silberberg, 1985; Raff et al., 1988; McKinnon et al., 1990). It is not mitogenic

a weak survival-promoting effect on its own. EGF has little survival-promoting effect on either cell type.

It seems likely that neighboring cell types supply survival factors to O-2A lineage cells in the optic nerve, as they do in vitro. PDGF activity (Raff et al., 1988) and PDGF mRNA (Drinck et al., 1990) have been demonstrated in the devel-

shown to make PDGF in culture (Richardson et al., 1988).

At low concentrations, IGF-1 and IGF-2 stimulate and

(Eccleston et al., 1985; Raff et al., 1988; Drinck et al., 1991). Anti-IGF-1 antibodies stain glial cells in the developing rat optic nerve and ganglion cells in the develop-

ing brain between P1 and P45 which corresponds to the period

CNS is made primarily by the choroid plexus and lepto-

meninges and is present in the cerebrospinal fluid in much higher concentrations than IGF-1 (Sara and Carlsson-Skwirut, 1990).

It seems likely, then, that PDGF, IGF-1, and IGF-2 all promote the survival of O-2A progenitor cells and oligoden-

drites shown to stimulate some cells to make IGF-1 (Clayman et

PDGF promotes the survival of O-2A progenitor cells by

IGFs Are Not Mitogens for O-2A Progenitor Cells

portant roles in regulating mammalian growth (Mathews et al., 1986). In addition, they do not have mitogenic effects on all cell types.

IGF-1 or high insulin is a required component of defined media for the growth of most cell types in culture (Perner et al., 1988).

normal cell-mixed cell cultures were used so that it is

Studies of the effects of IGF-1 on O-2A progenitor and

McMorris and his colleagues were the first to show that

growth of growing number of oligodendrocytes and

oligodendrocytes led them to conclude that IGF-1 acts in two

motes proliferation of O-2A progenitor cells, and it induces

these cells to become committed to develop into oligoden-

drites (McMorris and Dubois-Dalcq, 1988; McMorris et al.,

IGF-1 (or high insulin) is not mitogenic for optic nerve O-2A progenitor cells, nor does it significantly enhance PDGF-induced DNA synthesis or promote oligodendrocyte differentiation in the presence or absence of PDGF. Its main effect is to promote the survival of both O-2A progenitor cells and oligodendrocytes. Our differing conclusions

performed: McMorris and his colleagues studied the ef-

the presence of other cell types, so that the effects of IGF-1

acting pro-survival. More importantly, however, Mathews and Dubois-Dalcq (1988) did not examine the effects of IGF-1 on the survival of O-2A progenitor cells or oligoden-

oligodendrocytes that develop in culture. As in the case

survival and not proliferation of vertebrate CNS neurons

(Bottenstein et al., 1980; Aizenman and deVellis, 1987; Szytle and Schubert, 1990) and neuroepithelial cells (Drago et al., 1991).

Approximately 50% of Oligodendrocytes Die

Although degenerating oligodendrocytes have long been observed in the developing optic nerve, the rate of death is uncertain. Hildebrand (1971) provided evidence, on the

basis of electron microscopy, that many newly formed oligodendrocytes in the developing optic nerve are heavily labeled with anti-GC antibody.

Pyknotic cells, while an anti-GC monoclonal antibody labels all cells in label-retentive OGDs and DNA-syn-

thetic cells. This leads to the conclusion that the

number of dying oligodendrocytes is small compared to

a relatively later appearance of the RNP antigen during

oligodendrocyte differentiation or the destruction of the

oligodendrocytes by phagocytosis. In addition, a gradient of pyknotic cells is observed that colocalizes with a gradient of newly

formed oligodendrocytes. This leads to the conclusion that the

number of dying oligodendrocytes is small compared to

the number of newly formed oligodendrocytes.

Pulse-chase experiments show that the majority of the pyknotic cells go through S phase 12–60 hr prior to their death, indicating that most of the oligodendrocytes (which are postmitotic cells) that die have recently been born. Cell

proliferation and only slightly increases the number

of dendrocytes can be accounted for by the decrease in their death. During the 4 days of PDGF treatment, there is an increase of 40,000 oligodendrocytes suggesting that

cell proliferation and only slightly increases the number

dendrocyte number can be accounted for by the decrease in their death. During the 4 days of PDGF treatment, there is an increase of 40,000 oligodendrocytes suggesting that

between P8 and P12.

To determine the proportion of newly formed oligodendrocytes that die daily, we measured the number of newly formed oligodendrocytes generated daily. To estimate this, we

by measuring the amount of DNA in the optic nerves at different ages (see Figure 5A). Vaughn (1969) has determined the proportions of the different types of cells in

Figure 18) by the total number of cells in the nerve deter-

mined by DNA analysis, we can estimate the number of each cell type and their rate of generation throughout development (see Figure 5A). Between P8 and P12, about 10,000 (\pm 2,000) surviving oligodendrocytes are pro-

duced daily during this period, so that approximately 50%

optic nerve during this time.

time remains constant after P12, one can estimate the rate

of cell death. About 400 dead cells per optic nerve are present at

and 4,000 cells per day at P16 and P30, respectively (see Figure 5A), which corresponds to a death rate of about

oligodendrocytes that die seems to average about 50%

of the total number of oligodendrocytes in the nerve.

Although oligodendrocyte death like oligodendro-

Oligodendrocyte Death Seems to Reflect Decreased Availability of Survival Factors In Vivo

are thought to compete for limiting amounts of neuro-

tically increasing the amounts of neurotrophic factor during development rescue neurons that would normally die by naturally occurring cell death. NGF rescues chick sensory and sympathetic neurons (Lindholm et al., 1991) and

Bardé, 1988). Thus far, it has not been possible to deliver

the early formation of the blood-brain barrier. To overcome this problem we implanted PDGF-secreting cells into the CNS using a modification of a method described

secretion cells.

Using this method we found that increasing the amount of cells in the developing optic nerve by about 85% and cor-

drocytes. This finding suggests that limiting amounts of PDGF may normally regulate the survival and death of newly formed oligodendrocytes in the developing optic

naturally occurring neuronal death and are present in vivo in limiting amounts (Barde, 1988; 1989). It seems reasonable to conclude that PDGF is a "survival factor" for

activation of a suicide program in the cells that die (Wyllie et al., 1988; Oppenheim et al., 1990; Ellis et al., 1991). This

for some of these cells.

Our observations suggest that IGF-1 and IGF-2 are also present in the optic nerve in limiting amounts; either alone is sufficient to prevent oligodendrocytes and their precursors from dying *in vitro* yet many newly formed oligoden-

drocytes do die. Thus, the amount of growth factor per cell is not the only factor determining survival. Other factors, such as size, brain DNA, and the amount of brain myelin are all important.

As a result, excess increased levels of IGF-1 mRNA and protein are not associated with increased survival of O-2A progenitor cells (McMorris et al., 1990; Mozell and McMorris, 1991). The same is true for IGF-2 mRNA and protein (McMorris et al., 1990; Mozell and McMorris, 1991).

Indirect evidence comes from experiments in which inhibitors of RNA or protein synthesis prevent or delay cell death; when embryonic rat sympathetic neurons are cultured in the absence of NGF, for example, they die within 24–48 hr; the cells

survive longer if they are treated with cycloheximide, suggesting that NGF normally promotes survival by inhibiting

McMorris et al., 1990; Mozell and McMorris, 1991). The same is true for IGF-1 mRNA and protein (McMorris et al., 1990; Mozell and McMorris, 1991).

In addition to sensitivity to RNA and protein synthesis in-

stability, there are other features of the dying cells.

Why is it that PDGF levels in the developing optic nerve

are much less so for the survival and proliferation

of newly formed oligodendrocytes reflects the pro-

liferative potential of the O-2A progenitors.

al., 1989b; McKinnon et al., 1990; Pringle et al., 1992),

and in vitro, the morphology of the dead cells is character-

ized by fragmentation and autophagy, and they are de-

stroyed by endonucleases into oligonucleosomal-sized

fragments (Wyllie, 1980; Wyllie et al., 1980; Clarke, 1990;

1991). Our findings suggest that developing O-2A progenitor

cells are better at competing for IGFs; they might become

more sensitive to programmed cell death than the adult cells.

Thus, one possibility is that cell death is controlled by competition for growth factors.

Another possibility is that the number of O-2A progenitors

is just right to ensure that the number of oligodendrocytes along the length of the nerve fiber is evenly spaced. This could be achieved by competition for growth factors between the O-2A progenitors.

It is interesting that the number of O-2A progenitors is not an important part of the death mechanism in

Purves, 1988; Oppenheim, 1991) and in evolution (Purves,

1988). The same mechanism could also help to ensure that oligodendrocytes are evenly spaced along the length of the nerve fiber.

Thus, the O-2A progenitors are probably not the only cells

involved in the regulation of programmed cell death (Oppenheim, 1991).

The sensitivity of O-2A lineage cells to the factors. Cowie et al. (1984) and Perry et al. (1984) found that the

number of O-2A lineage cells in the cut nerve was decreased 8-fold compared with the uncut nerve.

Precursors Die by Programmed Cell Death
It is increasingly believed that most normal cell deaths in

our studies and those of others (Perry et al., 1983; Cowie et al., 1984; Oppenheim, 1991) indicate, the dead cells are

seen in a section will be small. Thus, it is possible that as

many as 50% or more of the cells generated in various

nonneuronal tissues die during normal development, just as

in the case for neurons and oligodendrocytes in the nervous system.

The mechanisms responsible for most normal cell

death, like the death of many developing neurons, seems

Like neurons and oligodendrocytes, hematopoietic cells undergo programmed cell death if deprived of signaling molecules in culture (Duke and Cohen, 1986; Roury and Bondurant, 1990; Williams et al., 1990; Cohen, 1991). However, the endocrine-dependent cells in these ani-

mals, just as they need signals from other cells to proliferate; this arrangement might be exploited in tissues throughout the body to control cell number and to eliminate

(van, 1982).

Experimental Procedures

Animals and Materials

Sprague-Dawley rats were obtained from the breeding colony of the Imperial Research Cancer Fund. Recombinant human PDGF-AA and bFGF were purchased from R&D Systems (Minneapolis, MN).

experiments) or were generously provided by Mats Lake of Kabigen (used for purified cell experiments). EGF and insulin were purchased

Purification of O-2A Progenitor Cells and Oligodendrocytes by Sequential Immunopanning

The purification procedure was based on previously described immu-

wysocki and Sato, 1978; Barres et al., 1988). All important aspects of

Preparation of Panning Plates

Secondary antibodies were affinity-purified goat anti-mouse IgM (μ (H+L chain-specific, Accurate). Primary monoclonal antibodies were

(IgG; Bartlett et al., 1981), and anti-GC antibody (IgG; Hansen et al., 1982). Petri dishes (10 cm; Falcon) were incubated with 10 ml of Tris buffer solution (50 mM, [pH 9.5]) with 50 μ g of secondary antibody, either anti-IgM or anti-IgG, for 12 hr at 4°C. Each dish was then washed

supernatant 1:4 (two IgG dishes), or anti-GC supernatant 1:4 (one IgG

containing BSA (1 mg/ml; Sigma A4161), which blocked the nonspe-

Baughman (1986). Briefly, the tissue was minced and incubated at 37°C for 75 min in a papain solution (30 U/ml; Worthington) in MEM/HEPES containing L-cysteine as described. The tissue was then triturated sequentially with 21 and 23 gauge needles in a solution containing ovomucoid (2 mg/ml; Boehringer-Manheim) and BSA (1 mg/ml) to yield a suspension of single cells.

Immunopanning Procedure

50 rats, was resuspended in 7 ml of L15 Air Medium (GIBCO) con-

tinuous flow (0.2 ml/min, 100 μ m pore size; Falcon). In order to deplete type-1 astrocytes and microglia (as well as microglia and macrophages, which stick to their

sign was very placed on the man's dish for 10 min at room temperature.

face area to all cells). The nonadherent cells were transferred to the second PAN-1 plate for 30 min, after which the nonadherent cells were

The nonadherent cells were transferred to the A2B5 dish to deplete

oligodendrocytes and A2B5⁺ O-2A progenitors were washed 3 times

nonadherent cell count values recorded under an inverted phase

Removing the Purified Adherent Cells from the Plates

A trypsin solution (0.125%, Sigma) was prepared from a 20 \times stock stored at -70°C in Ca²⁺- and Mg²⁺-free DMEM containing sodium bicarbonate (25 mM). Cells on each panning dish were incubated in 4 ml

were then dislodged by gentle pipetting, monitoring progress under the microscope. The trypsin solution containing the cells was combined with 0 ml of DMEM containing 20% heat-inactivated fetal calf serum (FCS) and spun at 800 \times g for 10 min. To wash away remaining traces of FCS, the pellet was resuspended in 6 ml of MEM/HEPES

important to use crystalline BSA in this step, as crude BSA contains

survival (data not shown).

In some experiments, the purified GC⁺ oligodendrocytes were further treated by an additional panning step to eliminate A2B5⁺ newly formed oligodendrocytes; some O-2A progenitor cells that expressed small amounts of GC were probably also removed in this step. This was done by transferring the GC⁺ cell fraction to an A2B5 panning dish (A2B5 at 1:500) for 45 min to deplete the A2B5⁺ cells and retaining the nonadherent cells. The results for oligodendrocytes were similar

To prepare pure populations of newly formed oligodendrocytes, the

Botstein and Sato, 1979, as previously described; Lillien and Hahn, 1990) containing insulin (5 μ g/ml) for 24 or 48 hr in a 35 mm tissue

above.

To assess the purity of the panned cells, 15,000 cells were plated onto 6 mm poly-D-lysine (PDL) (10 μ g/ml, 130K; Sigma)-coated glass coverslips in 96-well tissue culture plates (Falcon) in 100 μ l of serum-free B-S medium containing insulin (5 μ g/ml). The coverslips were

monoclonal antibodies (all as supernatant diluted 1:1) and with rabbit anti-macrophage (Axcell), anti-GFAP (Dako, 1:50), and anti-vimentin

purity. The cells were greater than 99.9% pure; fewer than one in

Octo 2-Acetyl-L-D-Glutamate (Sigma D-100) were digested from papain dissociation procedure. The viability of purified oligodendrocytes

than 95% of oligodendrocytes isolated by the papain dissociation pro-

Cell Survival Assays

Phase Contrast

Approximately 1000 purified O-2A progenitor cells or oligodendrocytes were cultured in 10 μ l of B-S medium or in DMEM in Terasaki mi-

croplates (Falcon). About 200 cells adhered to the bottom of the well, ~~and 100% of the O-2A progenitor cells and 80% of the oligodendrocytes were viable when tested at 1 hr by the MTT assay (see below)~~. Thirty minutes after plating, 1 μ l of DMEM, or DMEM containing a specific growth factor, was added to each well. An optimal concentration of

ECM was used routinely because it enhanced the adherence of the ~~cells~~ ~~and therefore their viability was maintained when~~ ~~ECM was omitted.~~

Preparation of ECM

Purified, cortical, type-1-like astrocyte cultures were prepared by a

higher concentrations than used in the experiments shown in Table 1 and Figure 1A (data not shown). In experiments where conditioned

which were cultured in DMEM containing 10% FCS until they were confluent. Cells were then washed with PBS and trypsinized.

after 30 min, and 5 μ l of conditioned medium was immediately added

hr to kill any rapidly dividing cells. To prepare ECM, the cells were

grown in DMEM containing 10% FCS until confluent, then trypsinized to remove the monolayer, and centrifuged at 1000 rpm for 5 min at room temperature. The supernatant was collected and centrifuged again at 1000 rpm for 5 min at room temperature. The

supernatant was collected and centrifuged again at 1000 rpm for 5 min at room temperature. The

supernatant was collected and centrifuged again at 1000 rpm for 5 min at room temperature. The

supernatant was collected and centrifuged again at 1000 rpm for 5 min at room temperature. The

tor cells.

MTT Survival Assay

The MTT survival assay was performed as described by Mosmann

Cell Counting and Immunofluorescence

The survival of single cells in microculture was assessed daily by phase-contrast microscopy as described above. Only wells that con-

sisted through a Millipore filter (0.22 μ m). This stock solution was added,

gues (Haff et al., 1978; 1983a, 1983b; Temple and Haff, 1986), and in

mitochondria cleave the tetrazolium ring into a visible dark blue

(Temple and Roff, 1986).

Approximately 100,000 cells were plated onto the center of a PDL-coated

phages by panning sequentially on A2B5 and anti-GC panning dishes (see above), and finally, on an anti-RAN-2 dish, to which meningeal cells and type-1 astrocytes selectively adhered. Five milliliters of B-S medium (without insulin) was added and conditioned for 4 days; the

were made using a CCD video camera coupled to a time-lapse video tape recorder (Panasonic Model AG6720A), which acquired images at a rate of one image every 6 s. At the same time, images were also captured once every 4 min by a computer-controlled line-scan camera

BrdU Incorporation and Oligodendrocyte Differentiation

Approximately 40,000 O-2A progenitor cells were placed onto

and were later transferred to videotape to make a high-speed summary of the recording period. After 24 hr of recording, the process of death

was stopped by adding 100 μ l of TNE (10 mM Tris-HCl, 10 mM NaCl,

10 mM sodium chloride, 10 mM EDTA), and the cells were then harvested, using a cell scraper, into a final volume of 70–100 μ l of TNE. Three

anti-GC antibodies (see below). In control experiments, BrdU did not influence the percentage of cells that differentiated into GC+ oligodendrocytes (data not shown).

volumes of lysis buffer containing TNE, SDS (0.2%), proteinase K (100 μ g/ml; Sigma), and RNAase A (50 μ g/ml; Sigma) were added, and the lysate incubated at 55°C for 2.5 hr. The DNA was extracted with

Micromanipulation and Culture of Single Optic Nerve Cells

Microculture

For experiments that are unclear, O-2A progenitor cells that were dissem-

TNE-saturated phenol, followed by phenol:chloroform:isoamylalcohol (25:24:1), and finally butanol:water (1:1, v/v). The DNA was

ferred processes in single-cell culture and therefore their viability was

precipitated with 2 vol of 95% ethanol at -20°C overnight. The DNA was

centrifuged (10 min, 10,000 \times g) and washed with 70% ethanol.

After air-drying, the DNA was resuspended in 10 μ l of 0.1 M Tris-HCl, pH 7.4.

phase-contrast optics. Single cells were picked from the suspension using a hand-pulled 10 μ l micropipet and mouth suction and transferred in a small volume (<0.5 μ l) into Terasaki wells (Falcon) coated with salt-extracted extracellular matrix (ECM, see below) and containing 10 μ l of B-S medium and the growth factors to be tested. Cells were fed by replacing half of the culture medium every 2 days. The

Purified O-2A progenitor cells were cultured on PDL-coated glass coverslips in B-S medium with or without insulin (5 μ g/ml). After 15 hr in culture, the cells were fixed with 2% glutaraldehyde in 0.1 M phosphate buffer (PB, pH 7.4) at 37°C for 60 min. After rinsing with 0.1 M PB three times over 30 min, the cells were postfixed with 1% osmium tetroxide in veronal acetate buffer (VAP) mixed three times over 30 min in 1 M PB.

canal by the eyeball, and the nerve was cut behind the eyeball. In this way, the optic nerve was isolated with only a thin layer of tightly adherent pial cells. Two optic nerves were put into an Eppendorf tube containing 400 to 800 μ l of tissue digestion buffer containing TES (10 mM Tris-HCl, 50 mM EDTA, 0.1% SDS) and proteinase K (200 μ g/ml). The nerves were minced in this buffer into small pieces with a pair of small dissecting scissors and incubated at 55°C for 36 hr, with vortexing every 12 hr. The Eppendorf tubes were spun for 30 s at high speed in an Eppendorf centrifuge, and the final volume measured. The

(al., 1979) which is based on the enhancement of fluorescence seen

DNA values were converted to cell number by dividing by 0.6 μ g of DNA per cell (Wilson et al., 1987). The values at P2, P8, and P14 were corrected by 30%, 20%, and 10% to account for cells in S phase that have double the diploid amount of DNA. Treatment of the optic nerve

present in the DNA sample added.

Propidium Iodide Labeling and Preparation

parafomaldehyde. The optic nerves were incubated in 4% paraformal-

cut into 8 μ m longitudinal sections with a Bright cryostat. The sections

ium iodide (4 μ g/ml) solution in MEM/HEPES containing DNAase-free RNAase A (100 μ g/ml) for 30 min at 37°C (Rodriguez-Tarduchy et al., 1990). The slides were washed three times in PBS and mounted in Citifluor (City University, London, England).

The number of pyknotic nuclei per section was determined by averaging the number of pyknotic cells counted in five optic nerve sections

and oligodendrocytes by anti-GC antibody (Raff et al., 1978).

BrdU Pulse-Chase Experiments

Twelve P15 rats were treated with three intraperitoneal injections of BrdU (0.1 mg/g) given every 8 hr. At 12, 24, 48, and 72 hr after the first injection, three animals were perfused with 70% ethanol. The optic nerves were removed and incubated in 70% ethanol for 4 hr and then in 30% sucrose, both at 4°C. Cryostat sections were prepared and labeled with propidium iodide as described above. At each time point

BrdU, indicating that the dose of BrdU used was not toxic.

Cycloheximide Treatment

P22 rats were treated with cycloheximide in doses that have previously been shown to result in nearly complete inhibition of brain protein

synthesis. Cycloheximide was injected intraperitoneally every 12 hr for 16 hr (also see Oppenheim et

Transfection of COS Cells with PDGF-BB

replaced by a cDNA encoding the human PDGF-A chain (Betschler et al., 1986). Subsequently, a double-stranded oligonucleotide coding for

monoclonal antibody (Evan et al., 1985), followed by a termination codon, was inserted at the Stu site close to the C-terminus of the PDGF-A chain coding region to give plasmid PHYKA5.

COS-7 cells, grown to 70% confluence in 75 cm² flasks were washed three times with DMEM. A 5 ml solution containing 7 μ g of the plasmid PHTKA5 in 3.75 ml of DMEM and 1.25 ml of DEAE Dextran (1 mg/ml)

was added to the flask for 60 min. The solution was aspirated and the

cells were washed three times with the thickness of the section

which was several times smaller than the thickness of the section.

To determine whether the COS cells could affect the proliferation

ability of the rat O-2A progenitor cells, we performed the following

experiments. Cells were stained with rabbit anti-GFAP antiserum (diluted 1:100); in this case, the cells were fixed with acid-alcohol for 10

prepared and cultured for several hours as above. After fixation with 4% paraformaldehyde for 90 s at room temperature, and a 15 min.

to block nonspecific binding, cells were surface stained either with monoclonal anti-GC antibody (supernatant used 1:1) followed by fluorescein-coupled goat anti-mouse IgG (Nordic, 1:100) or with A2B5 antibody (supernatant diluted 1:1) followed by fluorescein-coupled goat anti-mouse IgM (μ -chain specific; Accurate). Cells were post-fixed in 70% ethanol at -20°C for 10 min, incubated in 2 M HCl for 10 min to denature the nuclear DNA, followed by 0.1 M sodium borate (pH

containing 0.4% Triton X-100 for 30 min and labeled with monoclonal anti-BrdU antibody (ascites 1:100; Megnaud et al., 1988) followed by

experiments, cells were stained with rabbit anti-GFAP antiserum (diluted 1:100); in this case, the cells were fixed with acid-alcohol for 10

fuge to form a compact pellet. The pellet was resuspended in MEM/HEPES to a concentration of 1 to 2 million cells per 3 μ l. Under ether

the right frontal skull into the subarachnoid space (rather than directly into the brain as described by Schnell and Schwab, 1990) of P2 to P8

days, at which time the success rate of the transplants was 100%. The transplanted cells were normally rejected after about 10 days.

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possible quantitative significance of the small numbers of pyknotic cells in the optic nerve. B. A. B. is supported by a fellowship from the United States National Multiple Sclerosis Society and is a Schering-Plough Fellow of the Life Sciences Research Foundation.

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