



	<p>Objectives of this group are:</p> <ul style="list-style-type: none"> <li>Strengthening connections with NHS colleagues</li> <li>Keeping interested parties updated on relevant developments and progress with the programme</li> <li>To support wider potential for collaborations</li> <li>To disseminate useful learning from sector</li> <li>Promote data sharing and drive good practice</li> </ul> <p>WA raised the question as to where this group and PsychUP fits with wider UCL governance structures and other work going on. WA suggested that it could report into the Student Experience Committee.</p> <p>LG said that the PsychUP programme team receive strategic guidance from the PsychUP Advisory Board. The NHS-IOG is not a decision-making group.</p> <p>LG noted that this suggestion should be raised with SP, as the meeting Chair, on arrival at 15:00.</p>	
3.	<p>Updates</p> <p>(i) <i>Student Psychological &amp; Counselling Services and Disability, Mental Health and Wellbeing</i></p> <p>BK provided an update on both SPCS and Disability, Mental Health and Wellbeing Services.</p> <p>Disability, Mental Health and Wellbeing Services</p> <p>SSW held Teams workshops for staff and students to offer support during the pandemic. These were well attended. Academic mentoring group were also held for students not meeting the threshold of support with great feedback and little drop-off. Specific study skills for students with specific learning disabilities.</p> <p>There has been a smooth transition to providing support services digitally in response to the pandemic.</p> <p>SPCS</p> <p>Counselling services transitioned their face to face offer online in around two to three weeks.</p> <p>A student engagement programme is in place for checking in with students at risk monthly</p> <p>There is currently a two-week waiting list for initial counselling appointments</p>	



Some students have expressed apprehension in relation to the confidentiality and security of online support and SPCS have been exploring ways to address these concerns for UK-based students

Number of individual counselling and assessment sessions significantly increased compared to the same period last year (c6.7k compared to c6.5k)

Currently reviewing risk assessments and safe practices

Staff training underway looking at complex in context of Covid. Working with the Tavistock on more training around more psychoanalytic approaches to complex trauma.

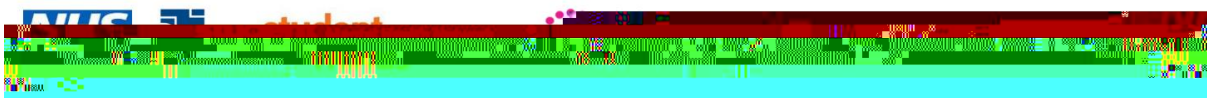
Looking at support offer for BAME students

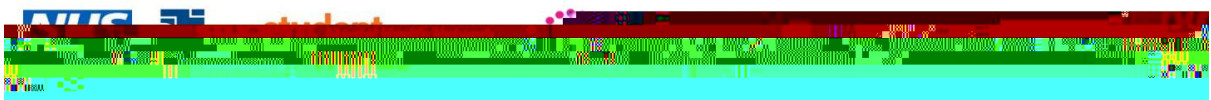
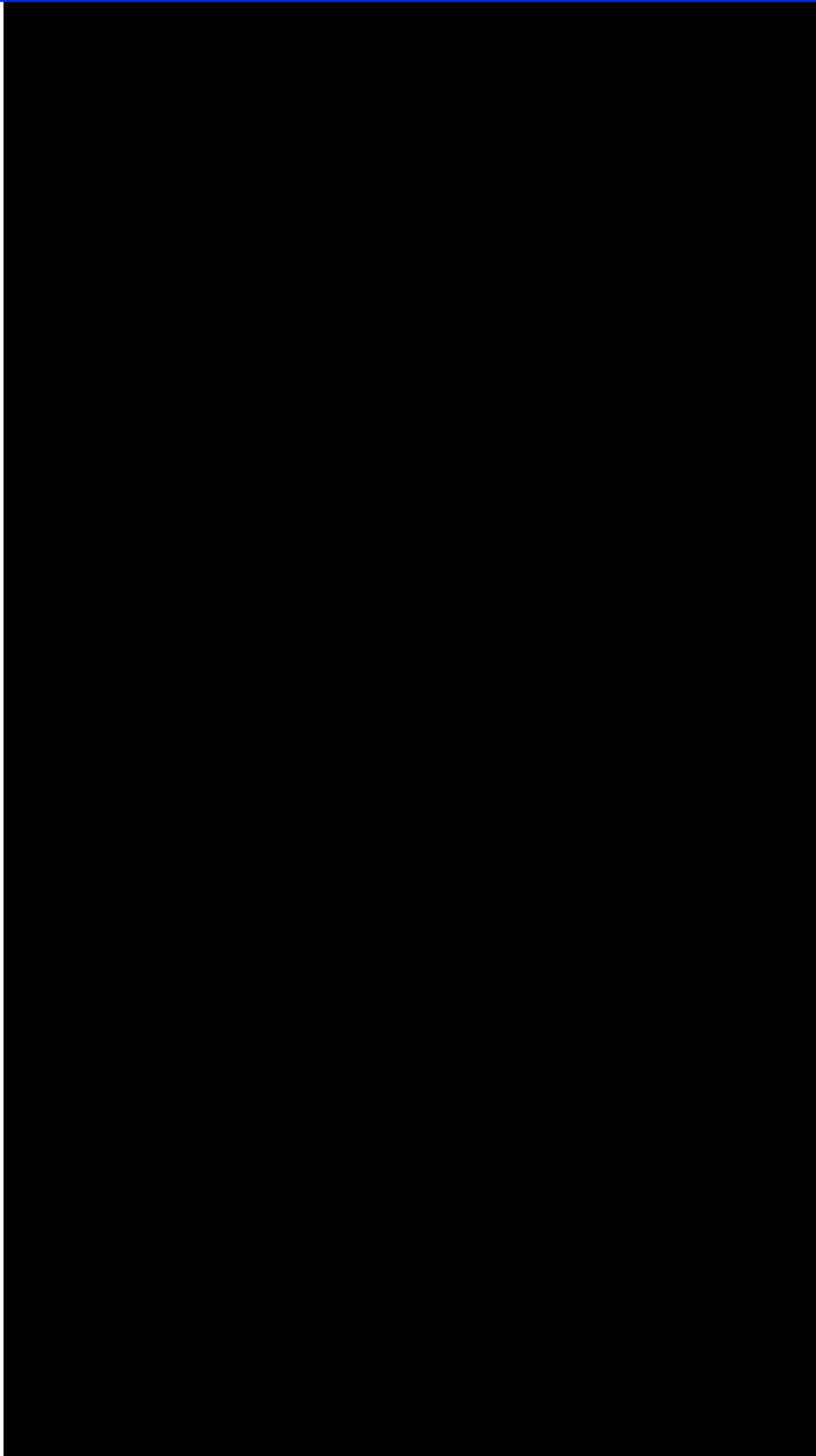
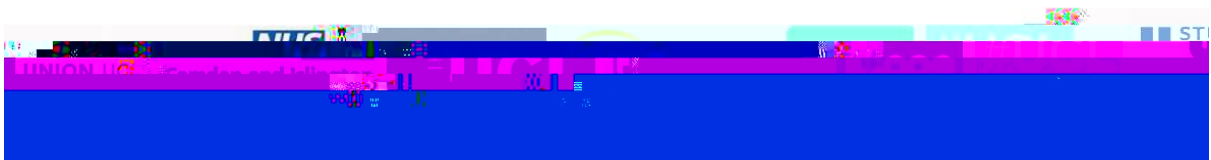
Developing outcome evaluations in collaboration with CE, collating information from SSW

Exploring ways of providing support specifically to students who have to self-isolate and alleviating the psychological effects. There is a dedicated [page on the SSW website](#) including a timetable of events. Workshops will run two weeks into terms and then two weeks in term. Pop-ups of these support workshops through the year.

DL noted that all students in quarantine are receiving a check-in as to their wellbeing.

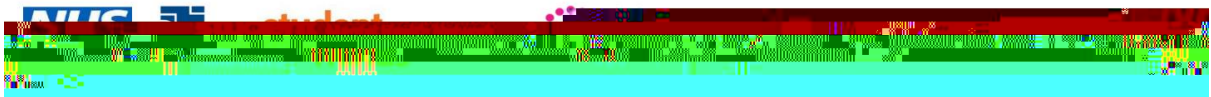
WA and others congratulated the SSW team on their response to the pandemic and pivot to digital operations, ensuring increased support for staff and students.

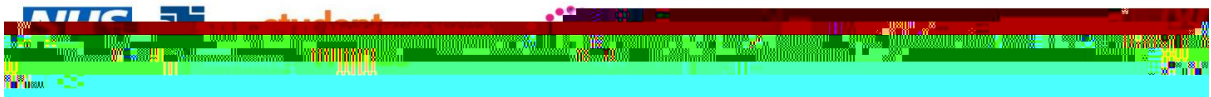
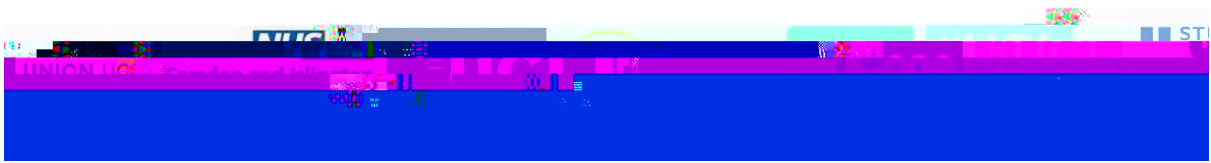






They have been working with the







SP and LG provided an overview of some of the research completed and planned within PsychUP

A PhD student supervised by SP will be starting in September and focusing on mental health of Chinese students;

A PhD student recently completed their thes

